## PAVE Preflight Checklist

Pilot/Passenger								
IMSAFE	Illness / Injury		Sinus Middle Ear Cold Sore Throat Disqualifying conditions (ask AME) Injury that could affect operational capability					
	Medication	- Must be approved by FAA AME						
	Stress / Emotion	-	Are you stressed at work or in your personal life?					
	Alcohol	-	No alcohol in the last 8 hours					
		-	Below 0.04% limit					
		-	No hangover, no impairment, no drugs					
	Fatigue	-	Are you well rested?					
	Eating	-	Did you eat? Are you hydrated?					
Scuba Diving	Recent scuba?	-	For non-controlled ascent wait 12 hours to 8000 ft					
		-	For controlled ascent or flights above 8000 ft wait at least 24					
Currency	Check your logbook	-	Flight review?					
		-	Endorsements and training?					
		-	Required ratings?					
		-	3 takeoffs / landings in the last 90 days to take passengers?					
		-	Night flying? 3 takeoffs / full stop landings in the last 90 days?					
		-	Tail dragger? 3 takeoffs / full stop landings in the last 90 days?					
		-	Wings program credits					
Documents	Must be on board:	-	Pilot certificate					
		-	Valid medical certificate					
		-	Valid government photo ID					
Privileges and		-	What can I fly?					
Limitation		-	Can I receive money or compensation of any kind?					

Aircraft/Airworthiness					
ARROW	<b>A</b> irworthiness	Does not expire if all required maintenance, inspections and Airworthiness Directives are complied with and logged			
	Registration	Renewed every 7 years			
	Radio Station License	International flights only			
	<b>O</b> perating Limitations	AFM/POH, placards, instrument markings			
	Weight & Balance	Current data			
AV1ATES	Annual	Preceding 12 calendar months			
	VOR check	Preceding 30 days (IFR)			
	100-hour Inspection	Aircraft operated for hire or airplane provided by flight instructor or school			
	AD Compliance	One-Time and Recurring			
	<b>T</b> ransponder	Preceding 24 calendar months			
	ELT	Preceding 12 calendar months function test. Additionally, replace / recharge battery when half the useful battery life used or more than 1 hour of cumulative use.			
	Static System	Preceding 24 calendar months (IFR)			

ΑΤΟΜΑΤΟ	Day VFR	Airspeed indicator		
FFLAMES		Tachometer		
		Oil Pressure Gauge		
		Manifold Pressure Gauge for Altitude Engines		
		Altimeter		
		Temperature Gauge (liquid cooled engines)		
		Oil Temperature Gauge		
		Fuel Gauges for each tank		
		Flotation Devices (for hire, needed if beyond power off glide distance		
		from shore)		
		Landing Gear Position Indicator (if retractable)		
		Anti-Collision Lights (if aircraft certificated after 3/11/96)		
		Magnetic Direction Indicator		
		ELT		
		Seat Belts/Shoulder harnesses		
FLAPS	Night VFR	Fuses (one spare set or 3 of each kind)		
		Landing Light (for hire)		
		Anti-Collision Light		
		Position Lights		
		Source of Power (alternator/generator)		
Aircraft Systems	Fuel, oil and hydraulics			
	Electrical			
	Pitot-Static,			
	Vacuum/Pressure and			
	associated flight			
	instruments			
	All systems that your			
	aircraft has required by			
	ALS Dessible failures and			
	what to do for each			
	system			
Emergencies	Engine failure after			
Lineigeneies	takeoff			
	Loss of oil pressure			
	during flight			
Inoperative	Is it required by	MEL		
Equipment		Equipment List / Kinds of Operations List		
		Type Certificate Data Sheet		
		Airworthiness Directives		
		<b>Regulation</b> – 91.205, 91.209?		
		Safety? Even if it's legal, is it safe?		
		Legality? Even if it's safe, is it legal?		

EnVironment						
Density Altitude		How to determine				
		Effects of temp & pressure on aircraft performance				
Oxygen	Aeromedical Factors	Hypoxia - causes and symptoms				
	Regulation	Above 12,500 for more than 30 min for pilots				
		Above 14,000 all the time for pilots and crew				
		Above 15,000 for passengers				
Heater	Aeromedical Factors	Carbon Monoxide poisoning symptoms				
		- Light-headed				
		- Loss of muscle power				
		- Headache				
		- Drowsiness				
		- Tingling in fingers and toes				
		- Blue fingernails and lips				
Night Flying	Night Vision	- 30-60 min for eyes to get used to the dark				
		<ul> <li>Avoid looking into bright light</li> </ul>				
		<ul> <li>Use peripheral vision and don't look at a fixed object</li> </ul>				
		<ul> <li>Rods = black and white only</li> </ul>				
		<ul> <li>Cones = blind spot at night</li> </ul>				
		- Night illusions				
CFIT	Controlled Flight Into	<ul> <li>Accidental flight into IMC conditions</li> </ul>				
	Terrain	- Mountain obscurations				
		- False horizons/No horizon/illusions				
		- Over high terrain check altitude and keep altimeter updated.				
		- IAA: Iechnically Advanced Aircraft - Over-reliance on technology				
Airport Concerns	Runway Incursion	How do we avoid runway incursion?				
	Hotspots	What are not spots? Where do we find them? Where do we find their				
		Land And Hold Short Operations (see KADC)				
	Runway signs and					
	markings					
	Light gun signals	Keen on kneeboard				
	Wake turbulence	How do we avoid wake turbulence?				
wake turbulence		The dowe avoid wake turbulence?				
		- Wait for heavy aircraft's wake to discinate				
Weight & Balance		- Are we close to the weight limit?				
	Weight & Bulance	- Do we need to move bags around?				
		- What is the best way to load CG?				
		- How much fuel can we carry?				
		- Concerns with:				
		Over gross				
		Aft CG / Forward CG				
	Crosswind factor	- Within or close to limits?				
		- Best runway to use				
		<ul> <li>Crosswind takeoff and landing procedure</li> </ul>				
Airspace	Types	What type of airspace are we flying through? Know your cloud				
		clearances, procedures, and special use airspace.				
	Procedures	- Clearance before entering Class B				
		- Establish communication before entering Class C. D.				
		- Stay out if flying close!				
		- Required equipment on board?				

	Restrictions	- Restricted areas
		- Warning areas
		- Alert areas
		- Prohibited areas
	MOAs	- Times and frequencies
Weather	AIRMETS	Tango – moderate turbulence, sustained surface winds above 30 kts,
		low level wind shear
		Sierra – IFR, mountain obscuration
		Zulu – Icing, freezing levels
	SIGMETS	Convective SIGMETS (Thunderstorm related weather)
-		- Severe icing
		- Severe turbulence
		<ul> <li>Winds at the surface more than 50 kts</li> </ul>
8		- Tornadoes
		- Hail
		SIGMETS (Not thunderstorm related)
		- Severe icing
		- Severe turbulence
		<ul> <li>Winds at the surface more than 50 kts</li> </ul>
		- Sand storms, dust storms, volcanic ash
	Weather Charts	Surface Analysis Chart
		- High/Low pressure
		- Cold/Warm fronts
		- Stationary/Occluded Fronts
		- Squall Line
		- Ridge
		- Trough
		Weather Depiction Chart
		Radar Summary Charts
		- Precipitation
		- Direction and Speed
		- Does not show clouds
		Satellite Pictures
		- Clouds
		Low Level Significant Weather prognostic chart
		Winds and Temperatures Aloft
		Severe Weather Outlook Charts
	Special VFR conditions	What are the minimums?
		Hazards: Wire-strike, tower strike, scud running, CFIT
TFRs	Any TFR's en route?	Where can you find altitudes and active times?
		What happens if you fly through a TFR?
Stalls & Spins	Spin Recovery	P – Power to Idle
		A – Ailerons to neutral
		<b>R</b> – Rudder full opposite the direction of rotation
		E – Elevator briskly forward to break stall
		When spin stops – rudder neutral
		Easy pull to straight and level

External Pressures						
Purpose of the	Deadlines	- Have you given yourself an allowance for delays?				
Flight		- How critical is it to maintain the schedule				
	Promise to	- Have you briefed your friends/family that a diversion or				
	friends/family	cancellation may be necessary?				
		- Is the trip worth the risks?				
Trip Planning	Diversions or	- Have you given yourself a window of time?				
2	Cancellations	- Have you arranged for alternate transportation?				
	Unplanned Weather	- Have you factored in headwinds that may delay you?				
Alternate Plans	Personal Equipment	- Do you have funds for alternate plans or transportation?				
		- In the event of an unexpected stay do you have extra clothing an				
		an overnight kit?				

A	Aircraft	MEL II MTC PERF L	tems )W imited	APU TCAS EGPWS				
W	Weather	Hi X-W MVFR LLW	/inds / IFR /S	SVR WX FRZ PRECIP ++ PRECIP				
Α	Airports and Approaches	Terra Class Non-Prec A OD	ain s G Approach P	Mountainous ELEV > 5000' No Approach				
R	Runway and Route	Wet Ru 75' Wide TURB Er	nway Runway i-Route	Field Limited Contaminated Runways SVR TURB				
Ε	External Pressures	Crew Da Int'l ( Night	y/Rest Ops Ops	Circadian Low Crew Currency Crew Fatigue				
A	Refer to ME Use AFM Brief Continger	EL ncies	QRH / AOM / AFM Consult MAINT / Ops <u>Detailed</u> Crew BRF Required for Abnormal Condition					
W	Crosswind Limitati Precision Approach Brief WS Escape P	on Chart Available rocedure	Hold P	Delay Departure Prior to Landing / Divert De-ice / Anti-ice				
A	Terrain Awarer Uncontrolled Proc GPS Overlay with LN AFM	ness cedures NAV/VNAV	Review High Altitude Ops Brief Terrain Photo Recon					
R	AFM Crosswind Limit Brief FA / PA	ations X	AFM OIS Avoid All Severe Weather					
Ε	Manage Crew Time Plan for the W Prepare Conting	Effectively /orst encies	Allow for Adequate Rest Don't Push Fatigue Mitigate Risks					
More than <b>1 RED</b> or <b>3 YELLOW</b> risk items should be cause for completion of the Flight Risk Assessment Tool (FRAT).								

## Flight Risk Assessment Tool (FRAT)

Before each flight, assess each of the following conditions and assign a numerical rating of 1 to 5 in the right-hand (Rating) column.

Add up the entries in the Rating column to obtain an overall risk estimate, and see where it falls in the Green/Orange/Red Risk Chart.

		1	2	3	4	5	RATING
Ρ	Dual / Solo	Dual		Solo			
	Rating	CFI or ATP	Comm'l	Private with Instrument	Private	Student	
	Rest in last 24 hours	>8 hours	6-7 hours		3-5 hours	<3 hours	
	Hours in Aircraft Type	>200	151-199	100-150	50-99	<50	
	Hours in last 90 days	>20	15-20	10-14	5-9	<5	
	Total Hours	>2,000	501-2,000	251-500	100-250	<100	
A	Equipment Squawks ("0" for no squawks)	Not req'd for flight or mission		Mx cleared prior to flight		Req'd for flight or mission	
v	Flight Type	VFR	IFR				
	Day / Night	Day		Night			
	Destination Familiarity	Yes		No			
	Visibility (statute miles)	>15 sm	10-15 sm	6-9 sm	3-5 sm	<3 sm	
	Ceiling (AGL)	>10,000'	5,000' - 9,000'	3,000' - 4,000'	1,000' - 2,000'	<1,000'	
	Departure: Xwind or Gusts	0-5 kts	6-10 kts	11-15 kts	16-20 kts	>20 kts	
	Destination: Xwind or Gusts	0-5 kts	6-10 kts	11-15 kts	16-20 kts	>20 kts	
	Weather Stability	Stable		Slow Deterioration		Rapid Deterioration	
E	External Pressures (choose one)	Training	Check Ride	Personal	Work	Family	
				тот	AL RISK	SCORE ===>	
L o w v						14-30	
M e d	M Somewhat riskier than usual. Conduct flight planning with extra care. Review personal minimums and operating procedures to ensure that all standards are being met. Consider alternatives to reduce risk.						31-47, or a 5 in any row
<ul> <li>Conditions present much higher than normal risk. Conduct flight planning with extra care and review all</li> <li>elements to identify those that could be modified to reduce risk. If available, consult with more</li> <li>experienced pilot or instructor for guidance before flight. Develop contingency plans before flight to</li> <li>deal with high risk items. Decide beforehand on alternates and brief passengers and other</li> <li>crewmembers on special precautions to be taken during the flight. Consider delaying flight until conditions improve and risk is reduced.</li> </ul>						48-63, or a 5 in any 2 rows	